

**Senate Community Affairs Committee**

ANSWERS TO ESTIMATES QUESTIONS ON NOTICE

HEALTH PORTFOLIO

**Additional Estimates 2015 - 16, 10 February 2016**

**Ref No:** SQ16-000011

**OUTCOME:** Outcome 1: Population Health

**Topic:** Myalgic Encephalomyelitis (ME) and Chronic Fatigue Syndrome (CFS)

**Type of Question:** Hansard Page 132, 10 February 2016

**Senator:** Ludlam, Scott

**Question:**

Do you know either, off the top of your head or from information that you have there at the table whether any of those four research papers were recommending or investigating either cognitive behavioural therapy or graded exercise therapy? Or were they unrelated to that?

**Answer:**

A total of four National Health and Medical Research Council grants were identified as being related to investigations on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (ME/CFS).

Three of the grants were not directly recommending or investigating Cognitive Behavioural Therapy/Graded Exercise Therapy (CBT/GET).

The fourth grant investigates two separate areas of health: hepatitis C and CFS. In the latter, the grant investigates genetic and other factors contributing to related fatigue conditions (post-infective fatigue syndrome and post-cancer fatigue) and also aims to optimise CBT/GET management programs for ME/CFS and to disseminate the treatment to other centers nationally and internationally. The details of this grant are as follows:

<b>Grant ID:</b>	1043067
<b>Awardee:</b>	Professor Andrew Lloyd
<b>Grant type:</b>	Research Fellowship
<b>Administering Institution:</b>	University of New South Wales
<b>Award duration:</b>	2013 - 2017
<b>Award total:</b>	\$549,592